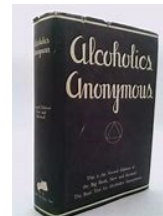
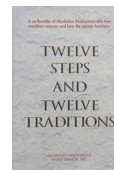
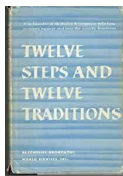




# District 16 - SPONSORSHIP WORKSHOP

## “Carrying The Message” Resource Guide

February 18th 2023



#	Title/Type	Page	Link
1	AA Big Book	Xi—164	<a href="https://www.aa.org/the-big-book">https://www.aa.org/the-big-book</a>
2	12x12	Twelve Step and Twelve Traditions	<a href="https://www.aa.org/twelve-steps-twelve-traditions">https://www.aa.org/twelve-steps-twelve-traditions</a>
3	Living Sober	Pages 25—29	<a href="https://www.aa.org/living-sober-book">https://www.aa.org/living-sober-book</a>
4	AA Pamphlet	Questions and Answers on Sponsorship P-15	<a href="https://www.aa.org/questions-and-answers-sponsorship">https://www.aa.org/questions-and-answers-sponsorship</a>
5	Free GSO Service Material	A Vital Stepping Stone to Service & Sobriety	<a href="https://www.aa.org/sites/default/files/literature/assets/smf-110_en.pdf">https://www.aa.org/sites/default/files/literature/assets/smf-110_en.pdf</a>
6	Forum Report— Delegate Jennifer K	Western Canada Regional Forum Final Report page 14-15	<a href="https://www.aa.org/sites/default/files/literature/en_rf_finalrep_WestCan-aug26-28-16.pdf">https://www.aa.org/sites/default/files/literature/en_rf_finalrep_WestCan-aug26-28-16.pdf</a>

### Non Conference Approved Literature

	Carry This Message—A Guide for Big Book Sponsorship By Joe McQ	Available at any bookstore
	Journey to Recovery—Big Book Comes Alive Workshop with Joe M and Charlie P	Available at any bookstore
	Drop the Rock Removing Character Defects Steps 6 & 7	Available at any bookstore
	Drop the Rock—The Ripple Effect Using Step 10 to work 6 & 7	Available at any bookstore

The Big Book of Alcoholics Anonymous mentions Sponsorship many times in the book.  
Here are a few ...

*She took me by the hand and introduced me to the girl that I'm very proud to call my sponsor. (p.321)*

*Following this, I had a short vacation, during which time I read as much literature as my sponsor could send me. (p.343)*

*My sponsor used to say to me, “If I could only paint you a picture of how beautiful life can be without booze...” (p.355)*

*When I first came into A.A., the woman who was my sponsor was the first woman I had ever met who admitted that she was an alcoholic. (p.472)*

*It's like the fellow who came in A.A., and his sponsor said to him, “Listen buddy, do you believe in a Higher Power?”. (p.512)*

*It was very impressive and I wish that every A.A. could have the benefit of this type of Sponsorship today. (p.292)*

*The A.A. members who Sponsored me told me in the beginning that I would not only find a way to live without having a drink, but that I would find a way to live without wanting to drink, if I would do these simple things. (p.550)*